



April 2015

For you, a new cardiopulmonary health program

Dear Valued Member,

I am writing to invite you to participate in a new free program designed to help you prevent unplanned hospitalizations caused by health conditions that may affect your heart, lungs, and blood sugar. This special program is offered by Independence Blue Cross in cooperation with your physician and with ReAdmission Solutions, an independent company.

If you agree to participate, specially trained nurses will work with you and your physician to help coordinate your care and manage your cardiopulmonary health. Our goal is to help you live a healthier life and avoid unplanned hospital admissions.

What you'll get

The support you receive may include:

- Home health visits by nurses, if medically necessary, in accordance with your health benefits plan
- Follow-up support from ReAdmission Solutions clinical staff
- Personalized education and the opportunity to ask questions

In the future, we plan to offer at-home vital signs monitoring by way of special wearable electronic devices that alert the ReAdmission Solutions call center if you need extra help or a change in medications.

What happens next?

A member of the ReAdmission Solutions team will contact you to explain the program and obtain your consent to participate. You may also contact **ReAdmission Solutions at 1-800-533-3755** if you wish to participate sooner. Once you give your verbal consent, your treating physician will be told about your participation. He or she will be informed of any change in your health care status that results from participating in this program. If appropriate, we will inform multiple treating physicians involved in your care.

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Further reading

For more information about managing cardiopulmonary health, visit the American Heart Association website, www.heart.org.

Please note

This program is subject to the terms and conditions of your health plan, including but not limited to pre-certification requirements, medical necessity reviews of covered services, and applications of any copays, coinsurance, or other member responsibilities.

Sincerely,

A handwritten signature in black ink that reads "Pierantonio Russo". The signature is written in a cursive style with a large, prominent initial "P".

Pierantonio Russo, MD, FCPP
Medical Director