

**Exclusively** for Independence Blue Cross Individual Members



# HealthAdvocate™

## Your Lifeline for Health Care Help

### Top Reasons to Call Us...

#### Find doctors

We'll also locate hospitals, dentists and other leading health care providers.

#### Schedule appointments

We can help schedule the earliest appointments with providers including hard-to-reach specialists and arrange treatments and tests.

#### Help you understand your benefits

We'll answer your questions, research any issues and work on your behalf to obtain approvals for needed services.

#### Assist with eldercare

We address senior issues such as Medicare and related health care issues facing your parents and parents-in-law.

#### Assist in the transfer of medical records

Coordinating care between providers can be a challenge. We'll make sure they have all your medical records, X-rays, and lab results.

#### Stay on top of recommended care

Call, or log in to your Personal Health Dashboard, to learn about recommended tests and screenings, healthy tips, and more.

#### Answer questions

We help you become informed about test results, treatments, and medications prescribed by your physician.

#### Get cost estimates

Our new smartphone app features the Health Cost Estimator™ tool for pricing estimates of common medical procedures in your area.

## Help is Only a Phone Call Away

Your Health Advocate benefit is an additional service offered to members, their spouses, dependent children, parents and parents-in-law.



**1-866-799-2656**

[HealthAdvocate.com/members](http://HealthAdvocate.com/members)



Download our **NEW** Smartphone App  
App Store / Google Play  
**Plus, access Health Cost Estimator™**

**Independence**

**HealthAdvocate™**  
Always at your side